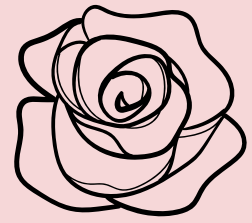


# Strength Through The Thorns



## The Mission:

Strength Through the Thorns is an organization that I created where I advocate for Mental Health Awareness. I have suffered with mental illnesses since I was in Middle School. My goal is to reach someone, like me, who was struggling with nowhere to turn.

## Ways of Advocating:

- Website
- Facebook Page
- Instagram Page
- Outreach Programs

### *The Blossom Project*



25 Counties Reached in Mississippi  
546 Middle Schoolers Reached

### *Strength Through The Thorns*



Handmade bags filled with encouraging post cards, inspirational stickers, and feminine hygiene products are distributed to middle school dancers and cheerleaders across all 82 counties in the state of Mississippi.